

**VOICES  
FROM THE  
ALUMNI**

## Pen, Paper and Pencil

**Barbita Ghosh**  
**Alumna: Batch 2021**

Pen, paper and pencil— all sat in a row,  
As if a beautiful play was put to show.  
One smirked in blue, the other sharpened it's grey,  
Alas!! Paper was left all stray.

Pen uttered, "I ooze colours of rainbow!"  
Pencil muttered, "I am your predecessor, though!"  
A little laugh ensued from the barren sheet,  
"Without me, your ego is incomplete!"

Paper pointed out how Pen was left desolate,  
It was Ink who filled it up and became its mate.  
Paper warned Pencil to be not lofty,  
Because it's Sharpener who makes it turn around and go on all pointy.

Both dismissed Paper and questioned, "What's your calibre?"  
"I am the soul of you both", soberly answered Paper.



## Overcoming Rejection: What I Learnt from Not Getting Selected

**Krishna Priya Deka**  
**Alumna: Batch2023**

Wrapped in absolute comfort of childhood, my parents sent me to school in a van, when I had to worry about nothing but my math homework. However, I could not keep up with the hustle and bustle of an uncertain college routine during the COVID-19 period, so I decided to apply for a room in the hostel. My seniors and hostel mates were so fun to be around that we could not stay away from each other for long during the vacation. Although it was not officially opened yet,



some of us returned to the hostel as planned. A huge lock was grinning at our plight as we stood outside the gate, being unable to climb it. I noticed that two other girls had already started climbing the gate and soon made it to the other side. While I was hesitant about it, I can remember my friend from the Zoology department encouraging me, “Krishna, if you don’t do it now, you’ll have to spend the night here. Are you okay with being in the darkness alone?” Then I realized that I did not come from home to stand outside and started climbing the gate. Soon, I found myself stuck on top of the gate; and the height seemed scary from up there. I had two options in my hand, either to come down and have a safe landing but spend the night alone; or jump inside to live the life I wanted and be safe there. I could no longer hold back from this survival show called “life” and jumped forward with my eyes closed. Instead of finding myself on a stretcher with broken limbs, I could not believe that I landed like a squirrel inside the hostel campus. I was on cloud nine for making it safe.

If this incident happened around a year later, I could have recited that famous line by Keats, (although it seems ridiculous): “If Winter comes, can Spring be far behind?”, while sitting on top of the hostel gate.

Remaining unaware of the magnitude of English literature while beginning the degree is not a matter of concern, because we are not exposed to it in the 10+2 system. As we dive deep into it, lores from ancient mythologies, wars from epic poems, heroic deeds by knights in shining armor from Romance, the humor of Shakespeare and satire of Swift, cities of Victorian novels and dystopian settings of modern plays take us back to this post-colonial era. Since recalling these information did not seem like a piece of cake for me at all, it was easy to label that task as impossible.

However, running away from a situation cannot be the solution to any problem. One needs to plan strategically in order to reach that goal. It is very important to surround oneself with like-minded people who are willing to go for that journey with you and keep some mentors by your side whose guidance can light up your path. The duration of this journey is not guaranteed but we know the destination. When I was uncertain about my first ever entrance examination for Tezpur University, I went back home and tried to find solace in the syllabus itself. Truly enough, your degree is enough to convince you about the life you have planned for yourself. If you ask me to quote the best line to go through this period, I will certainly pick that one by Eliot when Mr. Prufrock says:

“There will be time, there will be time

To prepare a face to meet the faces that you meet”

We are just delaying the action by self-doubting and procrastination, whereas anxiety and fear can only lead to nothingness. With new spirit and wisdom, I started preparing for my next entrance examination. Miraculously, it turned out that I got selected in that one entrance examination I was depressed about. That’s when I realized how much difference it makes when we want something wholeheartedly and push ourselves to achieve that goal. Paulo Coelho is not different either when he wrote *The Alchemist*. The spark is within ourselves and we must not lose our hope because the entire universe will work in our favor if we give our best.

## Importance of Digital Detox

**Akritha Dutta**  
**Alumna: Batch 2024**

In our 21<sup>st</sup> century life ensnared in the relentless chains of digital distractions, how often do we truly observe the world around us? How often do we listen when someone talks? We live in a digital world, whether it's for news, entertainment, work, or communication, chances are a digital device is involved. Few places are without access, and we are never more than a click away from being in touch with family, friends, or work. We've grown accustomed to this unnatural state of constant connectivity. We reach for our phones when we wake up and do a last check of things before bed.



We all know how difficult it is to put down our phones and unplug—and it's even tougher for teenagers. They're hardwired to stay connected to friends and to seek the dopamine rush provided by social media. The term "detoxification" is defined as the process of removing toxic substances or qualities. In the case of a digital detox, it refers to a set period of time for an individual to stay away from the devices and social media sites that have become such an integral part of life – smartphones, computers, tablets, televisions. Digital detox is the smart usage of social media, and it no way means complete cut off from social media. The purpose of a digital detox is to allow ourselves time to experience real life without distractions. It's a way to reconnect with individuals personally rather than through a screen and take time to de-stress and step away from all that connectedness.

However, a growing body of research links excessive technology use to poor mental health, particularly for adolescents. Because their brains are still developing, they are more susceptible to the negative effects of technology on the body and nervous system. To reduce the negative impact, parents need to understand the benefits of unplugging, and learn strategies to help teens unplug.

There are clear advantages to our new age of technology. Never have we had such instantaneous communication abilities, or access to terabytes of information at our fingertips. The digital age has changed jobs, increased productivity, improved transparency, and made our lives easier. But all those benefits come at a cost. We are quickly learning there are negatives to our digital world. Earlier, people stayed connected through face-to-face conversation and gave time to others; however, with digitalization, we now barely have

a conversation without our phones, which have ruptured the relationship between people. Kids these days use phones at a very early age, which problematizes their growth and all the basic structural abilities. Playing with friends in fields amidst nature has considerably become extinct. Both children and elders need time from their loved ones, but with industrialization, urbanization, and digitalization, neither parents nor children give time to them. Parents immediately hand their children phones to keep them busy, and elders now too are taking up the help of digital tools to pass their time since they don't get the time and attention from their children that they rightly deserve. Many times that's why we come across news of people getting scammed by others. Moreover, digitalization has severely affected all of our' mental and physical health. Children don't play these days; elders don't get out of their homes to even take a walk outside.

Therefore, it has become so important today that we give importance to digital detox and make ourselves associated with reality and natural life. Anxiety, which has developed in many youths in today's world, can significantly be controlled by balancing the use of digital tools. By learning through nature and communicating with elders, it is evident that children learn more and become intellectually capable. Digital detox can initiate the intentional reaching out to friends and families rather than just maintaining communication and relationships through digitalization. Furthermore, mental health is kept in check by digital detox. Instead of just scrolling through phones and playing any kind of games, one can inculcate the habit of giving time to hobbies and passions that would help in keeping the mind fresh and active and even free from any form of stress and anxiety.

**FROM THE  
NEWS DESK**

# দুলীয়াজান মহাবিদ্যালয়ত শৈক্ষিক কৰ্মশালা

বিশেষ প্রতিনিধি, দুলীয়াজান, ৪ ছেপ্টেম্বৰ : দুলীয়াজান মহাবিদ্যালয়ৰ উদ্যোগত যোৱা ২৭ আগষ্টৰ পৰা অনুষ্ঠিত দক্ষতা বিকাশ কাৰ্যসূচীৰ অংশ হিচাপে বেকিং দক্ষতা বিষয়ক পাঁচদিনীয়া কৰ্মশালাৰ কালি সফল সামৰণি পৰে। ২৭ আগষ্টৰ কৰ্মশালাখনৰ উদ্বোধনী অনুষ্ঠানত মহাবিদ্যালয়ৰ অধ্যক্ষ ড॰ লোক বিকাশ গগৈ, উপাধ্যক্ষ জ্যোতি সিং পাঠক, অধ্যাপক গৌৰৱ সেনগুপ্ত আৰু নিৰুপমা দে' উপস্থিত থাকে।

দুলীয়াজান মহাবিদ্যালয়ৰ বিভিন্ন শাখাৰ ছাত্ৰ-ছাত্ৰী, অধ্যাপক-অধ্যাপিকা আৰু চুবুৰীয়া অঞ্চলৰ অংশগ্ৰহণ কৰা কৰ্মশালাখন পৰিচালনা কৰে কৃতিকা দত্তই। এই কৰ্মশালাত অংশগ্ৰহণকাৰীসকলক ব্ৰেড তৈয়াৰ কৰাৰ পৰা আৰম্ভ কৰি পেট্টিলৈকে বিভিন্ন ধৰণৰ বেকিং কৌশলৰ সৈতে পৰিচয় কৰাই দিয়া হয়। হাতে-কামে শিক্ষণ প্ৰদান কৰা ফলত অংশগ্ৰহণকাৰীসকলে বেকিং কলাৰ ব্যৱহাৰিক অভিজ্ঞতা লাভ কৰে কৰ্মশালাত। আনহাতে, কালি অনুষ্ঠিত সামৰণী অনুষ্ঠানত অংশগ্ৰহণকাৰী সকলক মান-পত্ৰ প্ৰদান কৰাৰ লগতে তেওঁলোকৰ দ্বাৰা উৎপাদিত বস্ত্ৰৰ প্ৰদৰ্শনী তথা বিক্ৰী মেলাৰ অনুষ্ঠিত হয়।

মহাবিদ্যালয়খনৰ এই পদক্ষেপে উদ্যোগীকৰণ বিকাশৰ বাবে সামগ্ৰিক শিক্ষণ আৰু দক্ষতাক লাভবান কৰাৰ দিশত প্ৰতিষ্ঠানটোৰ দায়বদ্ধতাক প্ৰতিফলিত কৰে।

বিজ্ঞাপন সভাপাত হেমন্ত কালতাহ কয় যে বৃথ পৰায়ৰ কমশালা অনুষ্ঠিত কৰা হৈছে। পংকজ বৰ

# দুলীয়াজান মহাবিদ্যালয়ত বেকিং দক্ষতা সম্পৰ্কীয় কৰ্মশালা



নিজা বাতৰি দিওঁতা

দুলীয়াজান, ৫ ছেপ্টেম্বৰ : দুলীয়াজান মহাবিদ্যালয়ৰ উদ্যোগত যোৱা ২৭ আগষ্টৰ পৰা অনুষ্ঠিত দক্ষতা বিকাশ কাৰ্যসূচীৰ অংশ হিচাপে বেকিং দক্ষতা বিষয়ক পাঁচদিনীয়া কৰ্মশালাৰ ২ ছেপ্টেম্বৰত সামৰণি পৰে। ২৭ আগষ্টৰ উদ্বোধনী অনুষ্ঠানত মহাবিদ্যালয়ৰ অধ্যক্ষ ড॰ লোক বিকাশ গগৈ, উপাধ্যক্ষ জ্যোতি সিং পাঠক, অধ্যাপক গৌৰৱ সেনগুপ্ত আৰু নিৰুপমা দে' উপস্থিত থাকে।

দুলীয়াজান মহাবিদ্যালয়ৰ বিভিন্ন শাখাৰ ছাত্ৰ-ছাত্ৰী, অধ্যাপক-অধ্যাপিকা আৰু চুবুৰীয়া অঞ্চলৰ অংশগ্ৰহণ কৰা কৰ্মশালাখন পৰিচালনা কৰে কৃতিকা দত্তই। কৰ্মশালাত অংশগ্ৰহণকাৰীসকলক ব্ৰেড তৈয়াৰ কৰাৰ পৰা আৰম্ভ কৰি পেট্টিলৈকে বিভিন্ন ধৰণৰ বেকিং কৌশলৰ সৈতে পৰিচয় কৰাই দিয়া হয়। হাতে-কামে শিক্ষণ প্ৰদান কৰাৰ ফলত অংশগ্ৰহণকাৰীসকলে বেকিং কলাৰ ব্যৱহাৰিক অভিজ্ঞতা লাভ কৰে কৰ্মশালাত। সামৰণি অনুষ্ঠানত অংশগ্ৰহণকাৰীসকলক মানপত্ৰ প্ৰদান কৰাৰ লগতে তেওঁলোকৰ দ্বাৰা উৎপাদিত বস্ত্ৰৰ প্ৰদৰ্শনী তথা বিক্ৰী মেলা অনুষ্ঠিত হয়।

মহাবিদ্যালয়খনৰ এই পদক্ষেপে উদ্যোগীকৰণ বিকাশৰ বাবে সামগ্ৰিক শিক্ষণ আৰু দক্ষতাক লাভবান কৰাৰ দিশত প্ৰতিষ্ঠানটোৰ দায়বদ্ধতাক প্ৰতিফলিত কৰে।

# দুলীয়াজান কলেজত এইড্ছৰ সজাগতা



বিশেষ প্রতিনিধি, দুলীয়াজান, ২ ডিচেম্বৰ : যোৱা ৩০ নৱেম্বৰৰ পৰা দুদিনীয়া কাৰ্যসূচীৰে দুলীয়াজান মহাবিদ্যালয়ৰ উদ্যোগত, দুলীয়াজান মহাবিদ্যালয়ৰ অভ্যন্তৰীণ মান নিশ্চিতকৰণ কোষ, ইংৰাজী বিভাগ আৰু আৰ্টি এণ্ড লিটাৰেচী ক্লাবৰ সহযোগত বিশ্ব এইড্ছ দিৱস উপলক্ষে সজাগতামূলক এক বিশেষ অনুষ্ঠান অনুষ্ঠিত কৰা হয়। ৩০ নৱেম্বৰ দিনা মহাবিদ্যালয়ৰ অধ্যক্ষ ড॰ লোক বিকাশ গগৈয়ে

শুভাৰম্ভ কৰা অনুষ্ঠানটো উপাধ্যক্ষ তথা ইংৰাজী বিভাগৰ মূৰব্বী অধ্যাপিকা জ্যোতি সিং পাঠকে এইড্ছ সম্পৰ্কে সজাগতামূলক বক্তৃতা প্ৰদান কৰে। বিশেষ এইচ আই ভি ভাইৰাছৰ পৰা আঁতৰত থাকি আমি এইড্ছ প্ৰতিৰোধ কৰিব পাৰোঁ আৰু এইড্ছৰ দ্বাৰা সংক্ৰমিত ব্যক্তিক অস্পৃশ্য বুলি নাভাবি মানৱীয়তাৰ দৃষ্টিভঙ্গীয়ে চোৱা সন্দৰ্ভত তেওঁ নিজৰ বক্তব্যত বিশ্লেষণ আগবঢ়ায়। আনহাতে, এই অনুষ্ঠানতে

আৰ্টি এণ্ড লিটাৰেচী ক্লাবৰ আহ্বায়ক তথা বাংলা বিভাগৰ মূৰব্বী অধ্যাপক অৰ্জুজিৎ সাহাৰ পৰিচালনাত ক্লাবৰ ছাত্ৰ-ছাত্ৰীসকলে বিশ্ব এইড্ছ দিৱসৰ লগত সংগতি ৰাখি সজাগতামূলক ক্লাছৰ পৰা প্ৰস্তুত কৰি প্ৰদৰ্শন কৰে। সেইদৰে মহাবিদ্যালয়ৰ ছাত্ৰ-ছাত্ৰীসকলে সভাৰ সদস্যসকলেও প্ৰেকাৰে প্ৰস্তুত কৰি প্ৰদৰ্শন কৰাৰ লগতে শিক্ষক-শিক্ষকী আৰু ছাত্ৰ-ছাত্ৰীসকলক বজা বেজ পৰিধান কৰোৱাই এইড্ছৰ ওপৰত সজাগতা সৃষ্টিৰ প্ৰয়াস কৰে। কাৰ্ফেচৰ দিনা জনসাধাৰণৰ সজাগতাৰ বাবে দুলীয়াজান মহাবিদ্যালয়ৰ উপাধ্যক্ষ জ্যোতি সিং পাঠক আৰু ইংৰাজী বিভাগৰ সহকাৰী অধ্যাপক গৌৰৱ সেনগুপ্তৰ পৰিচালনাত ছাত্ৰ-ছাত্ৰীসকলে দুলীয়াজানৰ দিৱিয়াল বজাৰত গৈ জনসাধাৰণৰ মাজত সজাগতামূলক বাৰ্তা প্ৰদান কৰে। দুদিনীয়া এই এইড্ছ সজাগতা কাৰ্যসূচীত দুলীয়াজান মহাবিদ্যালয়ৰ ইংৰাজী বিভাগৰ সহকাৰী অধ্যাপক পিছেলী শৰ্মা শইকীয়া, নিৰুপমা দে' আৰু ৰাজশ্ৰী বৰাই বিশেষ ভূমিকা গ্ৰহণ কৰে।

# দুলীয়াজান মহাবিদ্যালয়ত বিশ্ব এইড্ছ দিৱসৰ অনুষ্ঠানত জ্যোতি সিং পাঠক

# সমাজে অস্পৃশ্য কৰিব নালাগে এইড্ছ সংক্ৰমিতক

নিম্নমীয়া বাৰ্তা, দুলীয়াজান, ২ ডিচেম্বৰ : দুলীয়াজান মহাবিদ্যালয়ৰ উদ্যোগত যোৱা ৩০ নৱেম্বৰ আৰু ১ ডিচেম্বৰক দুদিনীয়া কাৰ্যসূচীৰে দুলীয়াজান মহাবিদ্যালয়ৰ অভ্যন্তৰীণ মান নিশ্চিতকৰণ কোষ, ইংৰাজী বিভাগ আৰু আৰ্টি এণ্ড লিটাৰেচী ক্লাবৰ সহযোগত বিশ্ব এইড্ছ দিৱস উপলক্ষে সজাগতামূলক প্ৰদৰ্শন পান কৰা হয়।

প্ৰথম দিনটিৰ অনুষ্ঠানত অধ্যক্ষ ড॰ লোক বিকাশ গগৈয়ে অধ্যাপক গৌৰৱ সেনগুপ্তৰ সহযোগত বিশ্ব এইড্ছ দিৱস উপলক্ষে সজাগতামূলক প্ৰদৰ্শন পান কৰা হয়।

৩০ নৱেম্বৰ দিনা মহাবিদ্যালয়ৰ অধ্যক্ষ ড॰ লোক বিকাশ গগৈয়ে সজাগতামূলক বক্তৃতা প্ৰদান কৰে। তেওঁ কয় যে ক্ৰমাৎ এইড্ছৰ পৰা আঁতৰত থাকি আমি এইড্ছ প্ৰতিৰোধ কৰিব পাৰোঁ আৰু এইড্ছৰ দ্বাৰা সংক্ৰমিত ব্যক্তিক অস্পৃশ্য নাবি মানৱীয়তাৰ দৃষ্টিভঙ্গীয়ে চোৱা সন্দৰ্ভত তেওঁ নিজৰ বক্তব্যত বিশ্লেষণ আগবঢ়ায়।

আনহাতে, এই অনুষ্ঠানতে



# **ACHIEVEMENTS**

## Achievements 2024-2025

### 1. Kritika Dutta

3<sup>rd</sup> Prize in Pitha Pona Competition,  
Annual College Week, 2025



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### 2. Puja Panchapati Sharma

1<sup>st</sup> Position in Arm wrestling  
1<sup>st</sup> Position in Powerlifting  
2<sup>nd</sup> Position in Drama  
2<sup>nd</sup> Position in Mobile photography  
Annual College Week, 2025



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### 3. Nandini Borthakur

3<sup>rd</sup> Prize in Film Review Competition  
Annual College Week, 2025



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### 4. Isha Das

2<sup>nd</sup> Prize in Relay Race  
Annual College Week, 2025



**5. Arti Kumari Singh**

2<sup>nd</sup> Prize in Book Review,  
Annual College Week, 2025



**6. Anisha Bhumij**

1<sup>st</sup> Prize in English Film Review Competition  
Annual College Week, 2025



**7. Priyanka Khanikar**

1<sup>st</sup> in Assamese Story Writing Competition  
1<sup>st</sup> in Assamese Poem Writing Competition  
1<sup>st</sup> in Assamese News Reading Competition  
1<sup>st</sup> in Assamese Film Review Competition  
1<sup>st</sup> in Assamese Letter Writing Competition  
Annual College Week, 2025



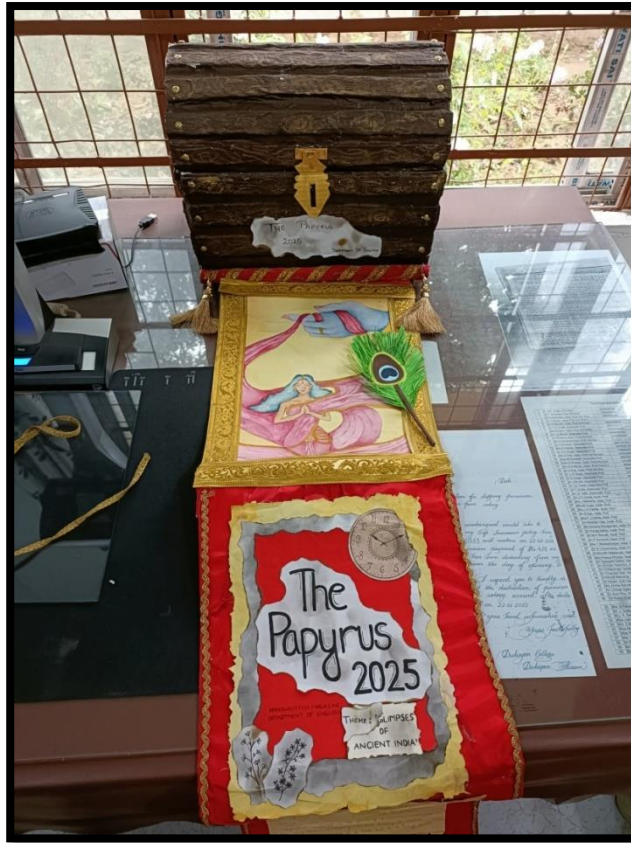
**8. Roshmi Rekha Phukan**

1<sup>st</sup> Prize in Solo Creative Dance Competition  
1<sup>st</sup> Prize in Solo Instrument (Gogona Badan)  
Annual College Week, 2025  
1<sup>st</sup> Prize in Solo Creative Dance Competition on Rabha Divas,  
held at Duliajan Club.





**Wall Magazine Competition: 3<sup>rd</sup> Prize in Annual College Week, 2025**

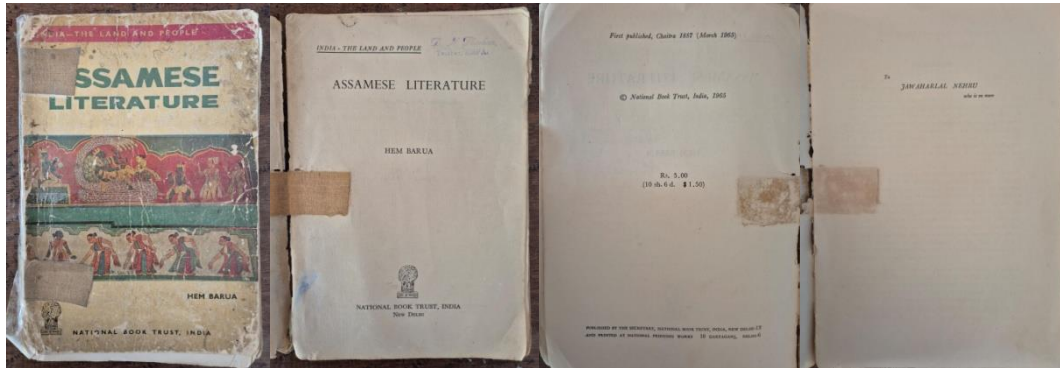


**Hand-Written Magazine Competition: 1<sup>st</sup> Prize  
in Annual College Week, 2025**

# PAGES FROM HISTORY

## Hem Barua's Assamese Literature: A Literary Treasure Revisited

Priyanka Khanikar  
BA 2<sup>nd</sup> Semester  
Department of English



In the vast and vibrant literary landscape of India, Hem Barua's *Assamese Literature* (1965) stands as a rare and invaluable gem, published by the National Book Trust of India under the distinguished series 'India-The Land And People', this book which is dedicated to Jawaharlal Nehru, is an extraordinary scholarly endeavour that offers a lucid and comprehensive exploration of Assamese literature, spanning from its early origins to its more recent expressions.

The thing which makes this book particularly significant is the English language in which it is written. At a time when regional literatures often remained confined to their linguistic domains, Barua's choice to write in English ensured a broader readership and recognition beyond Assam's geographical and linguistic boundaries. His work became a bridge, allowing the rich literary tradition of Assamese to converse with the world. He traces the genesis of Assamese literature from its Sanskrit and Prakrit influences, through golden era of mediaeval Bhakti Poetry led by saints like Srimanta Sankardev and Madhavdev to the colonial and Post-colonial modernism that shaped contemporary Assamese writing.

Hem Barua's *Assamese Literature* is not just a book - it is a historical and cultural landmark that encapsulates the evolution of Assamese literary tradition from its oral roots to the written word. Given its rarity and the difficulty in finding physical copies today, the digitization of this invaluable work is not merely a technical necessity but a cultural and intellectual imperative. By digitalizing *Assamese Literature*, we can ensure that the literary contributions of Assam are not overshadowed or lost amidst the rapid digitization of global literary heritage.